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Major Supporters

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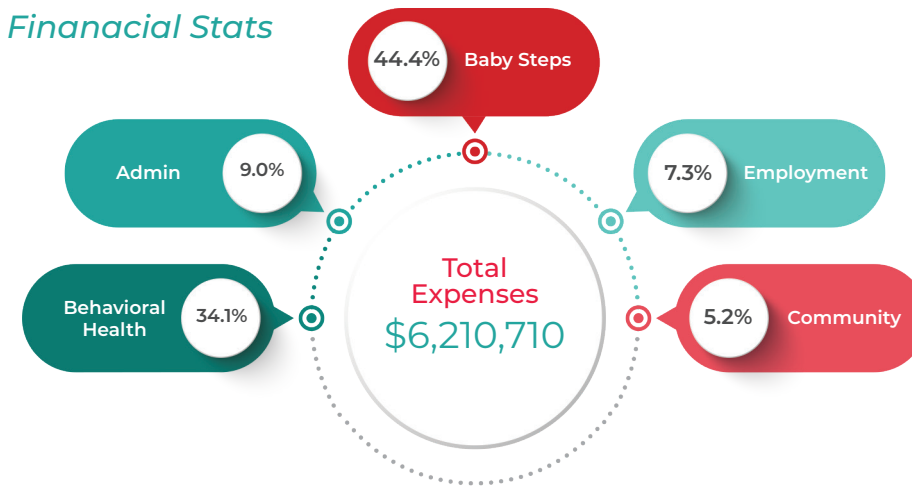


Allegany Franciscan Ministries	John and Linda Loewenberg
Randy and Karen Baker	Ruth Mead
Kim Dettori & Stephen Baird	Jim and Jayne Mondello
Allen Herskowitz	Okeechobee Music & Arts Festival
Marlene Filer	Randy and Linda Prange
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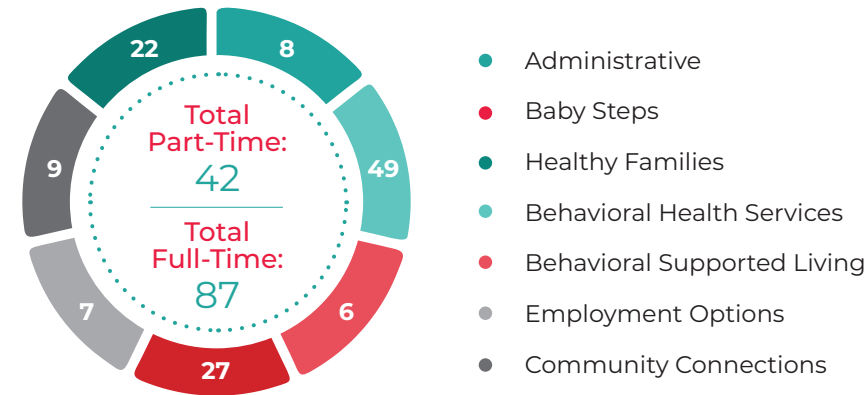
Supporting Partners



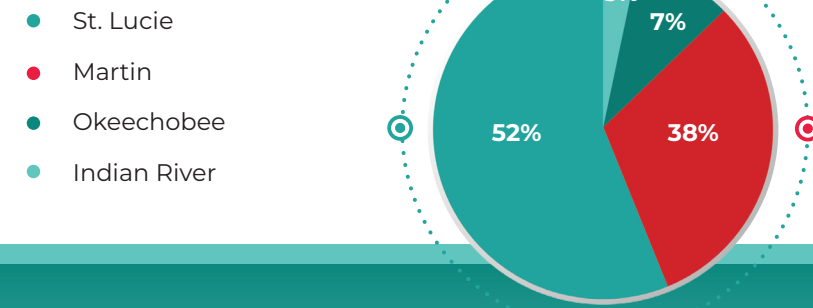
Financial Stats



Employment by Department



Clients Served by County



Mother Teresa

"It's not how much we give, but how much love we put into giving".



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Gratitude

2021-2022 ANNUAL REPORT



BUILDING SUCCESSFUL FAMILIES & FUTURES



One Life at a Time



Baby Steps



The Baby Steps Program serves families with children ages birth through five through a variety of programs focusing on healthy parent and child relationships, early brain and language development, behavioral support, developmental interventions, baby calming techniques and every day parenting questions. Our programs work with families to empower them to be the best parents they can be by offering tools and strategies that build upon the strengths they already have to raise healthy and confident children who enter school ready to learn.

Help from the very start

4247 children were served in the Baby Steps program and participated in:

- ♥ BRAIN visits (Building Readiness Among Infants Now)
- ♥ Completing developmental questionnaires
- ♥ Instructing Infant Massage
- ♥ Learning behavioral techniques through our Help Me Behave program
- ♥ Completing assessments for infants/toddlers at risk for autism
- ♥ Receiving language nutrition education through our innovative WEE Talk campaign

Healthy Families



The Healthy Families Program is a nationally-accredited, evidence-based family support and coaching program that helps parents provide the safe and stable environments children need for healthy growth and development. Parents voluntarily participate in services provided in their homes. Specially-trained support specialists help them improve their parenting skills and achieve goals that increase family stability and self-sufficiency. Services include modeling of developmental play activities to support the parent-child relationship, monitoring, depression screening, linkages to medical providers and other community resources.

Our families are free of abuse and neglect

- ♥ 397 Families served in Martin County
- ♥ 211 Families served in Okeechobee County
- ♥ 660 Children served in Martin County
- ♥ 255 Children served in Okeechobee County

100% of children in families participating in Healthy Families had no verified findings of child maltreatment during program participation

100% of children in families who completed Healthy Families more than 12 and up through 24 months earlier than the end of the report date had no verified findings of child maltreatment within 12 months after completion.

Community Connections



The Community Connections Program serves adults with developmental and/or intellectual disabilities in Martin and St. Lucie counties. Through activities that promote increased life skills and vocational skills, the individuals served are able to increase their independence and become contributing members of their community.

Our clients giving back

- ♥ 45 participants spent over 5,000 hours volunteering
- ♥ Volunteer locations include: Botanical Gardens in Port St. Lucie, The House of Hope Thrift Store and Food Pantry, Treasure Coast Food Bank, Macedonia Food Pantry and the Ocean D.R.E.A.M. Project through the Florida Oceanographic Society.
- ♥ Ryan (pictured above) was presented with a certificate for reaching 1,000 lifetime volunteer hours with House of Hope!

Our Mission

Helping People Succeed transforms lives by realizing potential, creating hope and building futures through education, counseling, training and employment.

Employment Options



The Employment Options Program helps adults with disabilities find and maintain competitive employment in their community. We match the needs of the individual receiving services with the needs of local businesses to find the right job fit! Our Employment Consultants and Retention Specialists are available to help create natural supports on the job so that employment can be long lasting.

Proud working citizens

- ♥ This program had **35** job placements this fiscal year.
- ♥ Partnering businesses include: Publix, Beall's Outlet, Willoughby Golf Course, Bonefish Grill, WalMart, Winn Dixie, Martin County Clerk of Courts, Burlington, Cleveland Clinic Martin Health, Tamco, Lawnwood Hospital, Lucie Lanes, Sheridan at Hobe Sound, Cracker Barrel and the Martin County School District.
- ♥ Project Search returned! Partnership between the Martin County School District and the ARC of Martin County. This is a one-year employment preparation program that combines classroom instruction, career exploration and hands-on-training in the workplace.

Behavioral Health Services



The Behavioral Services Program believes that successful treatment occurs when there is a strong alliance between therapist, the child and the family. Our team of highly skilled therapists provide specialized outpatient mental health treatment for individuals ages five years and above. Along with therapy, our behavioral health department includes a robust afterschool program, case management services and psychiatric services to give a comprehensive and supportive treatment approach.

Mental Health Matters

- ♥ **565** children and their families were provided direct therapeutic and psychiatric services
- ♥ **85** students participated in our educational after-school program
- ♥ **75** children participated in Helping Kids Succeed – a social-skills after-school program
- ♥ **30** children were included in Camp Success – a therapeutic summer camp for students with behavioral or mental health issues.
- ♥ **11** adults were served through Steps to Succeed – a 12-week program for young adults on the Autism Spectrum that is designed to support an individual's growth in life skills, employment, education, and social skills.

Success Story

Around age two, my son started having violent outbursts and was kicked out of daycare. With two single working parents, the situation elevated to family crisis mode fast. So I sought help.

After many referrals for therapies, Helping People Succeed was the most responsive. Samantha, a Behavior Specialist, scheduled a meeting at a park where she learned about my son's life and bonded with him. She made us both comfortable.

In a new daycare, Samantha helped him with appropriate coping mechanisms and recommended the best local experts. Samantha overcame the roadblocks that I'd encountered and advocated for our son as if he were her own.

Despite Samantha's efforts, this daycare was not prepared to handle my son's issues, so I hired a nanny. Samantha met with my son frequently until his needs were finally met in Felix A. William's Elementary School's special needs pre-kindergarten program.

At Felix, my son had an outstanding teacher who, like Samantha, knew how to bond with him. He began to use his healthy coping mechanisms to make extraordinary progress. When the teacher resigned, Samantha followed my son through substitutes and to the new teacher, giving him one constant adult in his school environment that he knew had his back. Now in kindergarten, he is thriving!

This would never have happened without Helping People Succeed. I'd recommend to parents going through similar circumstances to make them your first call for help. I will always be a fan of this organization. The level of service and attention my son received by Samantha was priceless. Nothing short of the miracle we needed to turn things around.

I am forever grateful. Keep up the amazing work you do! You are proof there are people who care for children struggling to fit in and the parents who love them.

- A Grateful Mom

Gratitude Report

At **Helping People Succeed**, we call our annual report the **Gratitude Report** because we are grateful. Grateful for the hundreds of donors and volunteers passionate about the services provided to the children, families and adults whom we have the honor to serve.

Grateful for our collaborative partners working to make a difference in our community.

Grateful for our team of experienced professionals who give our participants the resources they need and truly make an impactful difference in every life they touch!

Founded in 1964, Helping People Succeed is a 501(c)(3) nonprofit that has been serving our community for over 58 years!

The common thread through all of our programs is giving children, families and adults the resources they need to be successful at life. We serve adults with significant disabilities,

families at risk of abuse and neglect, infants and toddlers who have conditions such as Down Syndrome, Cerebral Palsy or Autism Spectrum Disorder and their families as well as children and students who have mental health or behavioral issues.

Helping People Succeed continues to work toward an inclusive community where all citizens participate productively. Helping People Succeed provides services in Martin, St. Lucie, Okeechobee and Indian River counties. Our main office is located in Jensen Beach and we welcome you to join us for a tour to learn more.

Volunteers



We love our volunteers! From making quilts for our wee ones to serving on essential committees, our volunteers give their all! Helping People Succeed's mission is greatly enhanced directly due to the support of our volunteers.

We have over **100** volunteers giving a total of **6,500** volunteer hours on an annual basis.

Community Support



The key to the sustainability of our proven programs is the big-hearted support from our community. This ongoing support is vital and brings life-changing help to many challenged individuals and families. We are thankful for every gift and want to acknowledge and sincerely thank additional generous philanthropists.